

Health Burden of VPI in older adults – the Herpes zoster example (...for Italy)

Session 3: The epidemiology and health burden of selected adult VPIs • part 1

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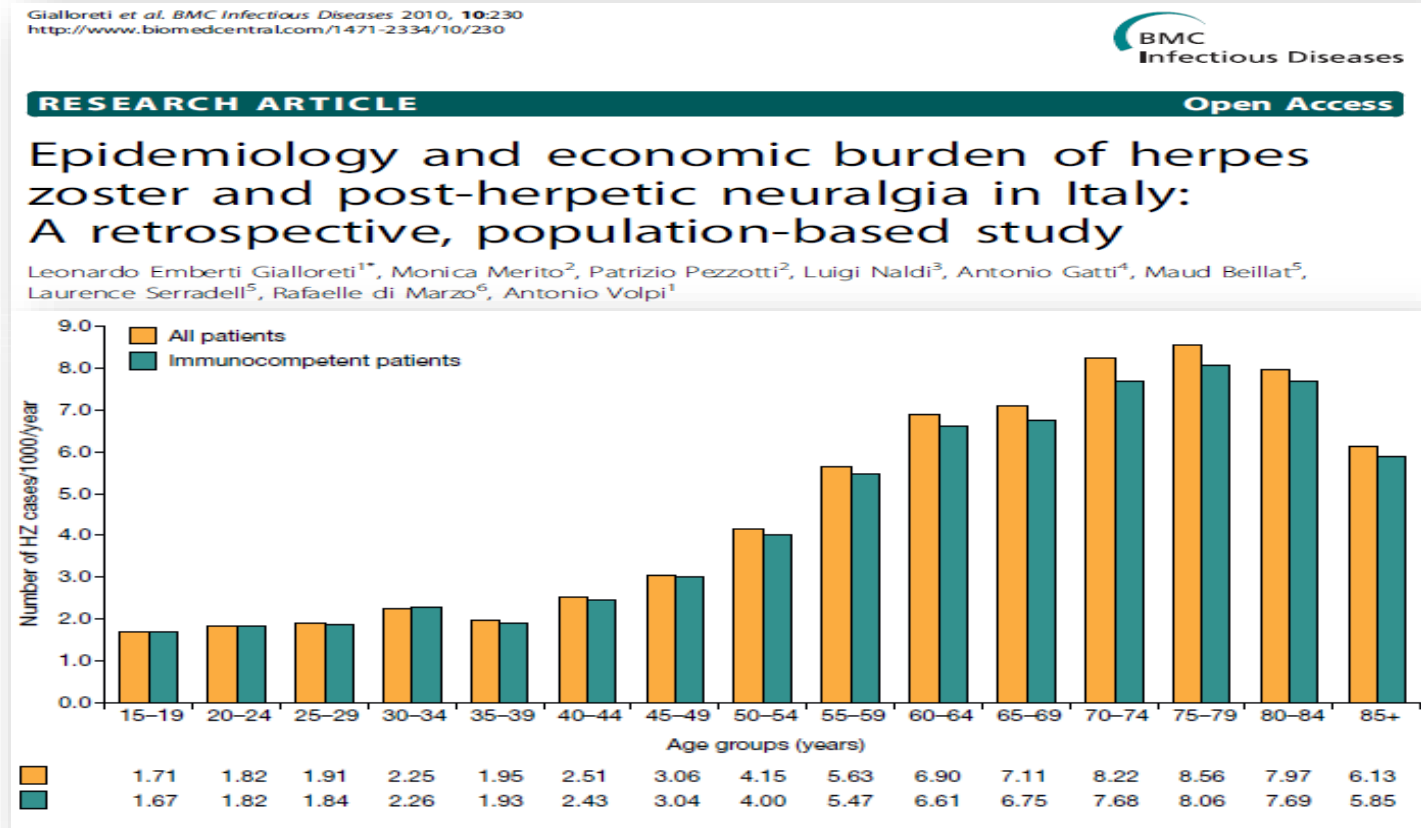
- HZ disease burden in Italy
 - Incidence data
 - Hospitalization data
- HPV preventive strategies in (EU) and in Italy

HZ disease burden in Italy

WHAT ABOUT HZ INCIDENCE DATA AND QUALITY OF LIFE?

Epidemiology and health impact of Herpes Zoster and its complications in Italy

- In 2010 Gialloreti et al.:
 - Estimated 157,100 new cases of HZ each year
 - Annual incidence of 6.3/1,000 person-years
 - 88% of cases were immunocompetent



In 2010 in Italy there were approximately **22 million** people aged ≥ 50 years old

Herpes Zoster: assessment of the health and socio-economic impact and possible vaccination strategies in the adult population in Italy

funded by the Italian Ministry of Health (CCM 2013) – **Main Objectives**

- Estimate the **incidence of Herpes Zoster** in subjects aged **≥ 50 years**
- Estimate the **frequency of complications**, especially Post-Herpetic Neuralgia PHN
- Describe the **characteristics of patients** with Herpes Zoster and the Herpes Zoster episode
- Describe **the diagnostic, therapeutic and care pathway**
- Estimate **the social and economic burden** for the NHS associated with the management of the patient with Herpes Zoster and PHN
- Describe the **perception of pain** and **the impact on quality of life**

4 Italian Regions involved in the CCM Project:

- Liguria (lead partner)
- Puglia
- Tuscany
- Veneto



Materials and Methods of the CCM Zoster Project

- Involvement of a **Network of General Practitioners** in the 4 Regions involved in the study (***about 100 GPs***)
- **Retrospective** and **prospective** identification of Herpes Zoster cases in subjects aged ≥ 50 years
- **Study Period:** January 2013 – December 2014 (later extended to December 2015)
- Data collected through a **questionnaire**

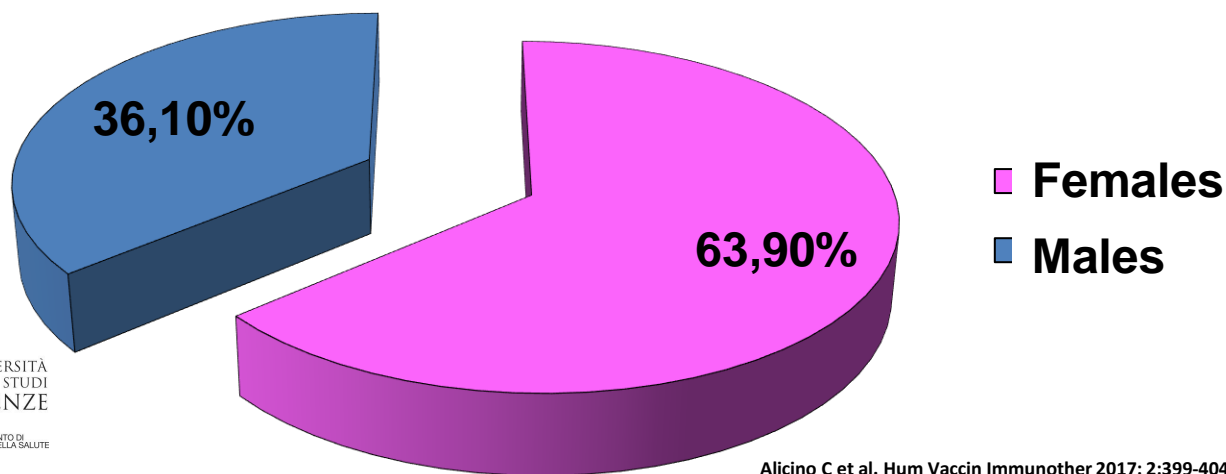


TARGETS:

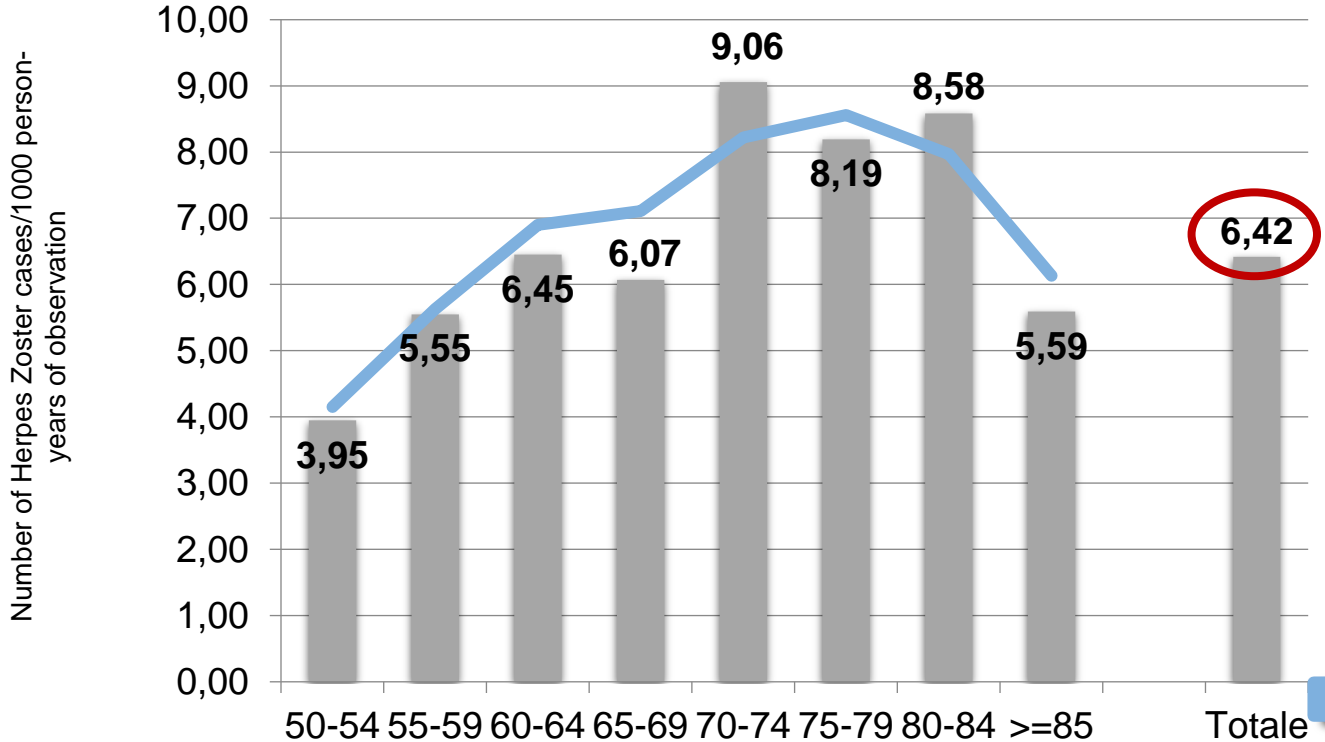
COLLECTION OF ABOUT **560 QUESTIONNAIRES**
400 RETROSPECTIVE AND 160 PROSPECTIVE

Results of the CCM Italian Project

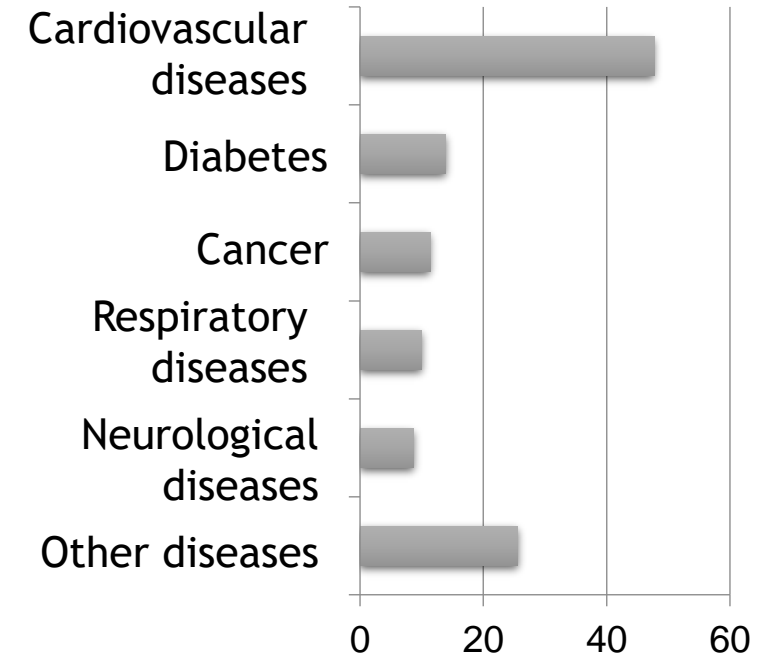
598 questionnaires collected from as many cases of
Herpes Zoster



Incidence of Herpes Zoster and associated comorbidities



449 patients had comorbidities (75.1%)

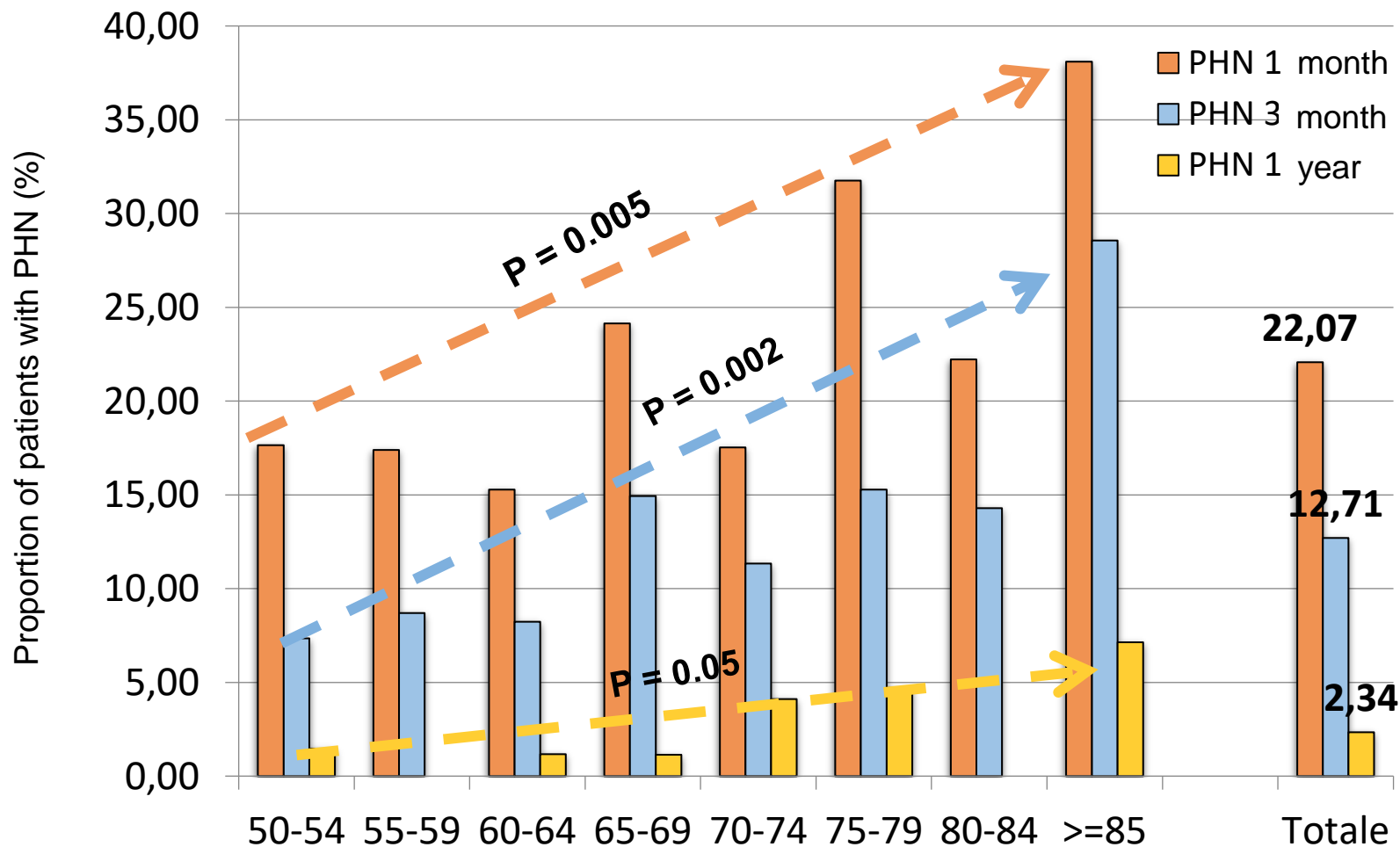


56 General practitioners (2013-2015 Liguria, Puglia, Toscana e Veneto)

➤ Over 50 years of age: **598 cases of HZ identified** over 93,146 person-years of observation

➤ **Overall incidence: 6.42/1,000 person-years**

Incidence of Herpes Zoster and associated PHN



PHN persists at 1 month, 3 months and 1 year, mainly in older subjects

The results in terms of incidence of the pathology and frequency of complications were in line with the national and international literature

The CCM Project provided an overview on the epidemiology of Herpes Zoster and its complications in Italy in outpatients

Studio Heroes

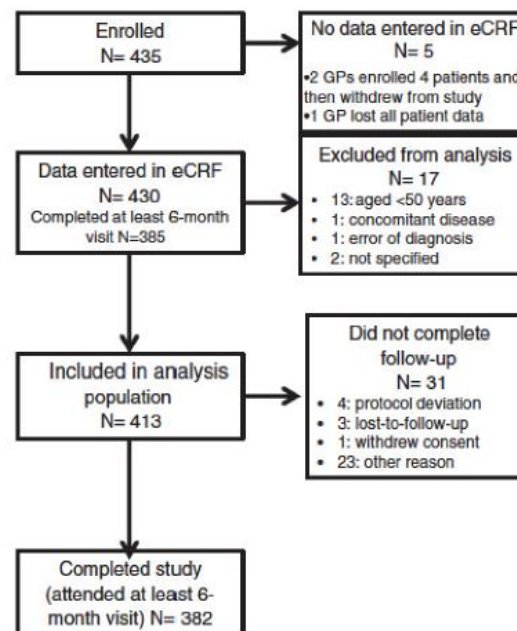


Figure 1 Disposition of included patients.

Methods: We performed a longitudinal, prospective study in 108 general practices throughout Italy to assess how many immunocompetent patients aged ≥ 50 years with newly diagnosed HZ develop HZ-associated pain, its duration and management over 6-months. HZ-associated pain was assessed by a direct question to the patient and by self-assessment of the worst pain felt in the previous two weeks on a visual analogue scale (VAS), a score ≥ 3 was taken as pain. PHN was defined as pain reported during the study period persisting for ≥ 3 months. Quality of life (QoL) was measured using the SF-12 questionnaire.

- **Despite early antiviral treatment** (within 72 hours of rash onset) 20.6% and 9.2% of patients >50 years with HZ had PHN at 3 and 6 months, respectively,
- HZ/PHN impacts on the **quality of life**

HEROES STUDY

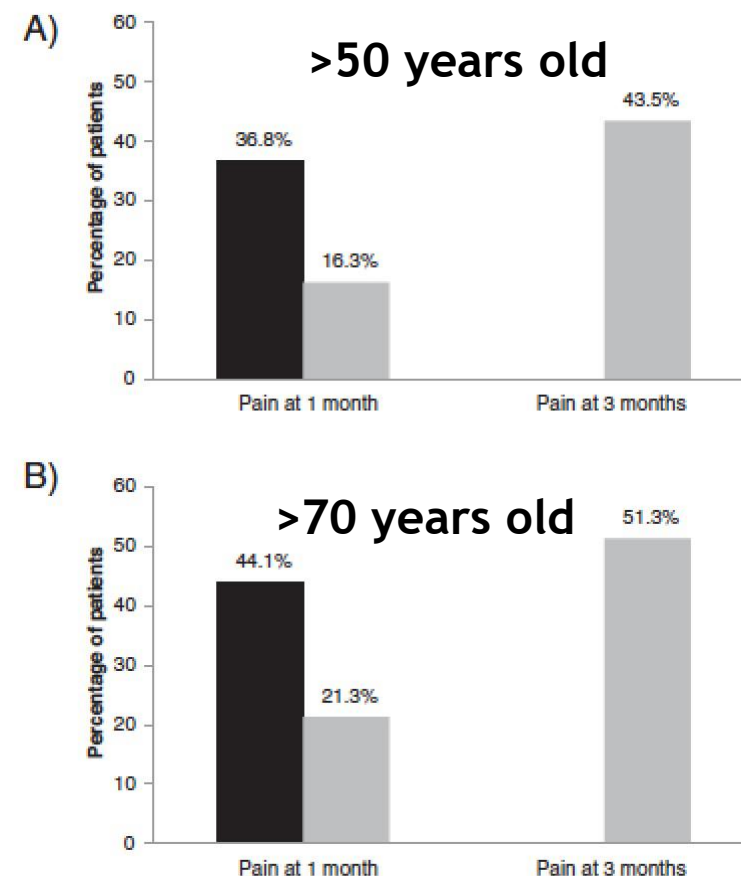


Figure 3 Percentage of patients with PHN (reported pain at the visit) at 3 (black bar) and 6 months (grey bar) among patients with pain at 1 month and 3 months. A: all patients aged ≥ 50 ; B: patients aged ≥ 70 . 36.8% of patients aged ≥ 50 years and 44.1% of those aged ≥ 70 years with pain at 1 month had persistent pain at 3 months. 43.5% of patients aged ≥ 50 years and 51.3% of those aged ≥ 70 years with persistent pain at 3 months still had pain present at 6 months.



IMPACT OF HERPES-ZOSTER RELATED PAIN AND COMPLICATIONS IN PATIENTS SUFFERING OF UNDERLYING CONDITIONS IN ITALY

L. Torcel-Pagnon¹, H. Bricout¹, I. Bertrand¹, E. Perinetti², G. Gabutti³, A. Volpi⁴, E. Franco⁵

Figure 2: Age-adjusted pain intensity (VAS score) by group over time

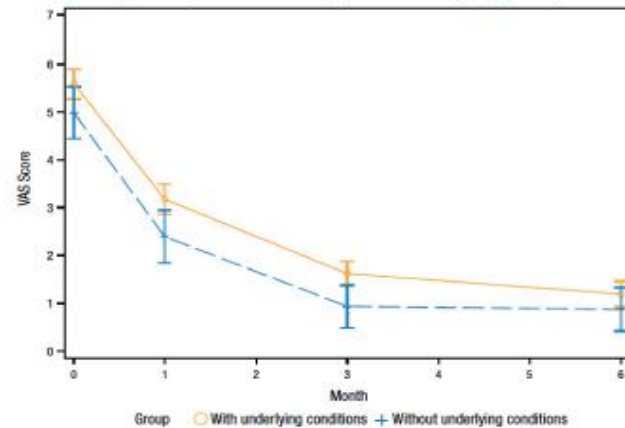


Figure 3: Age-adjusted physical health score (SF-12) by group over time

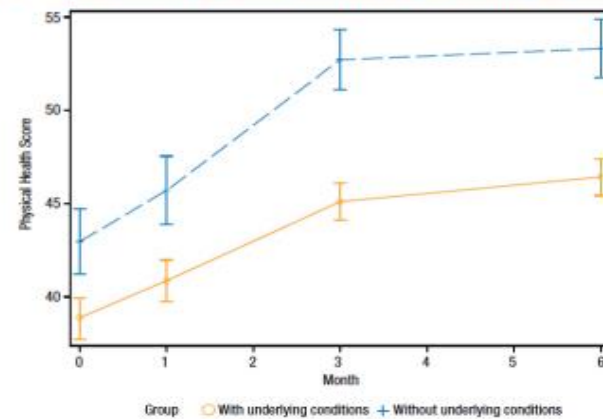
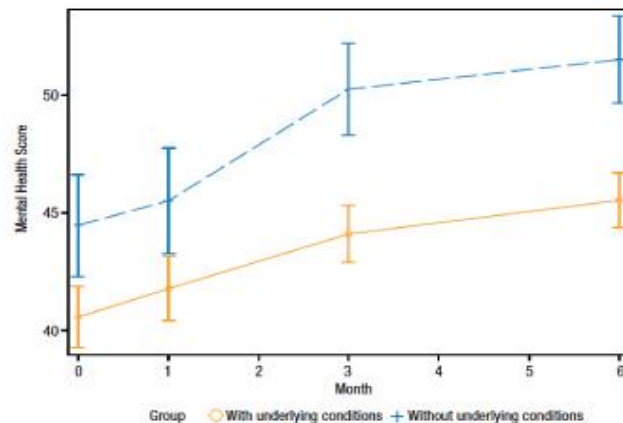


Figure 4: Age-adjusted mental health score (SF-12) by group over time



CONCLUSIONS

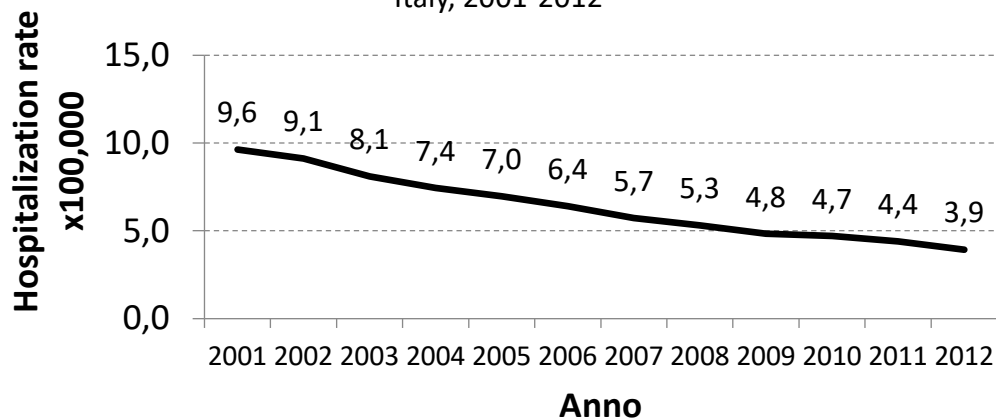
- HZ in patients with underlying conditions (cardiovascular, respiratory chronic diseases, diabetes and other relevant diseases) results in more painful and impactful episodes with an higher interference on patients' quality of life and slower recovery.
- With 80% of people aged over 65 years suffering from at least one chronic disease in Europe, prevention of HZ/PHN in elderly may contribute to maintain their quality of life and thus healthy ageing.

WHAT ABOUT HOSPITALIZATIONS IN ITALY?

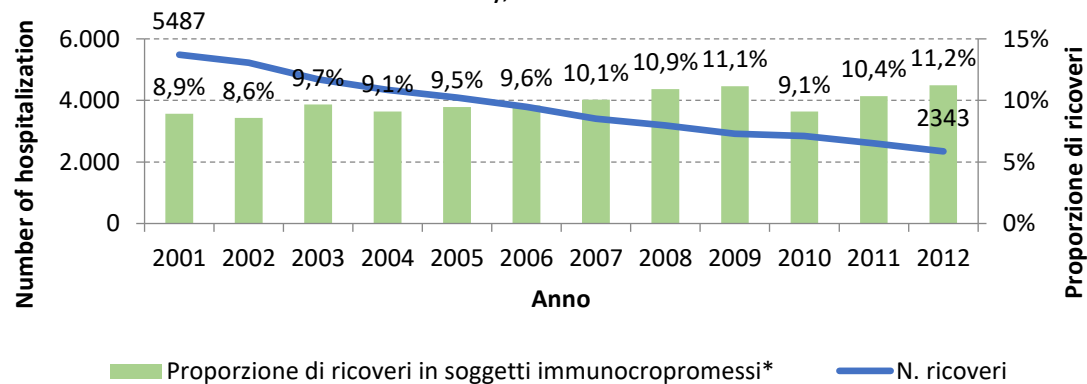
- **HZ-related hospitalization is an indicator which expresses the most serious cases.**

HZ-hospitalizations in Italy

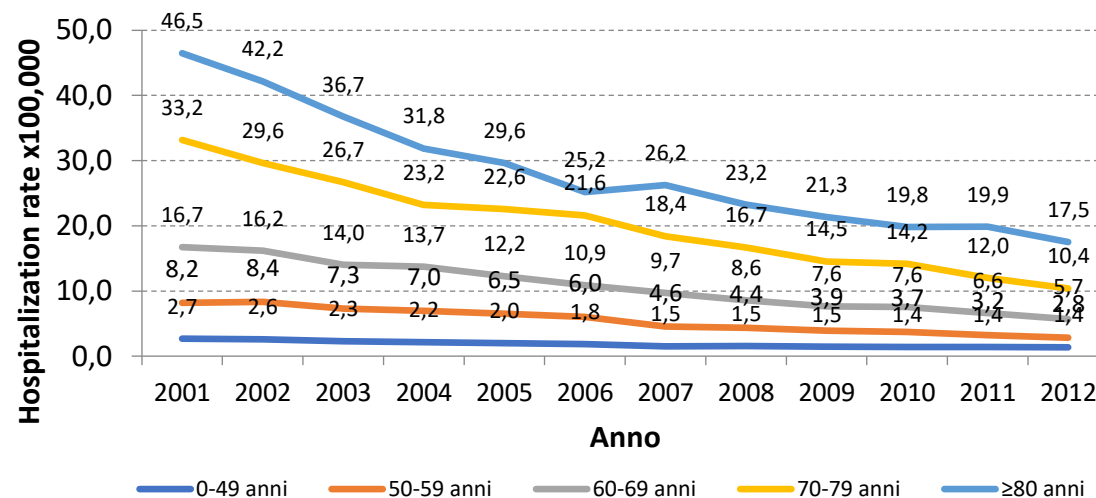
HZ hospitalization rate
Italy, 2001-2012



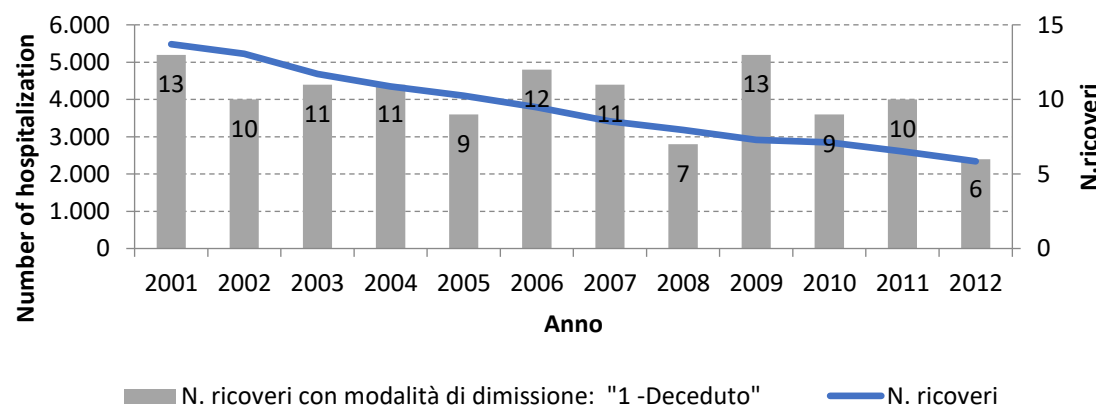
No. of hospitalizations for HZ and proportion of hospitalizations for HZ in immunocompromised subjects*
Italy, 2001-2012



Hospitalization rate by HZ, by age Italy, 2001-2012



N. of hospitalizations for HZ and N. of hospitalizations for HZ with discharge as "deceased" Italy, 2001-2012

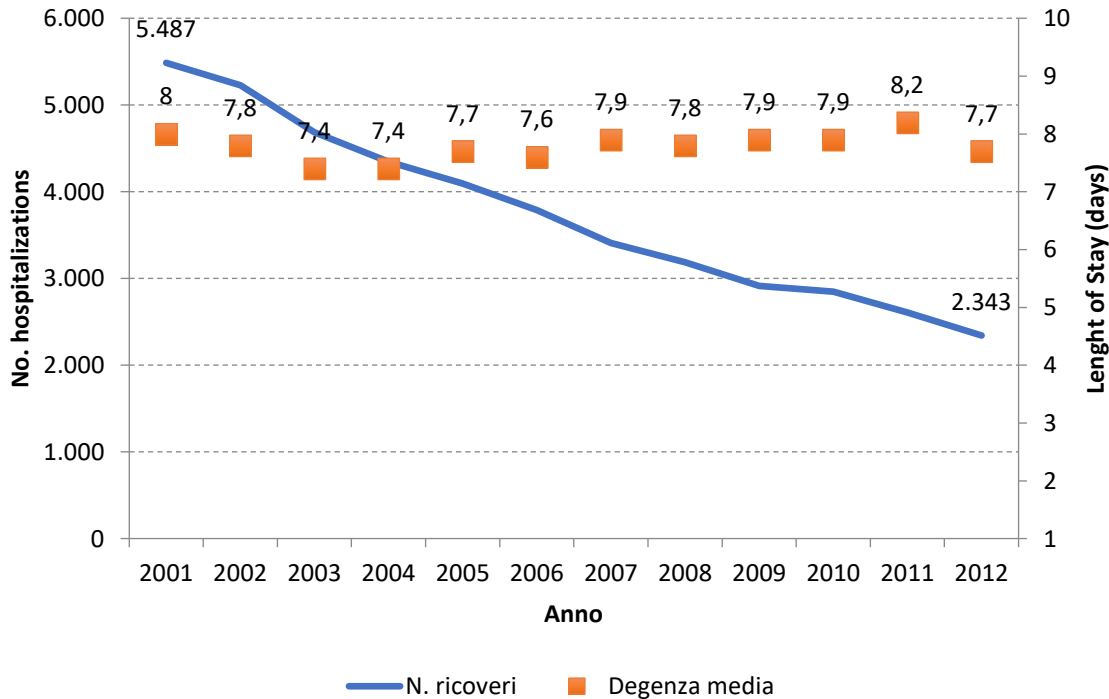


* Affetti da tumore, HIV+ e altre immunodeficienze, trapiantati di organo solido e midollo [Gialloreti LE, et al. Epidemiology and economic burden of herpes zoster and post-herpetic neuralgia in Italy: a retrospective, population-based study. BMC Infect Dis. 2010 3;10:230.]

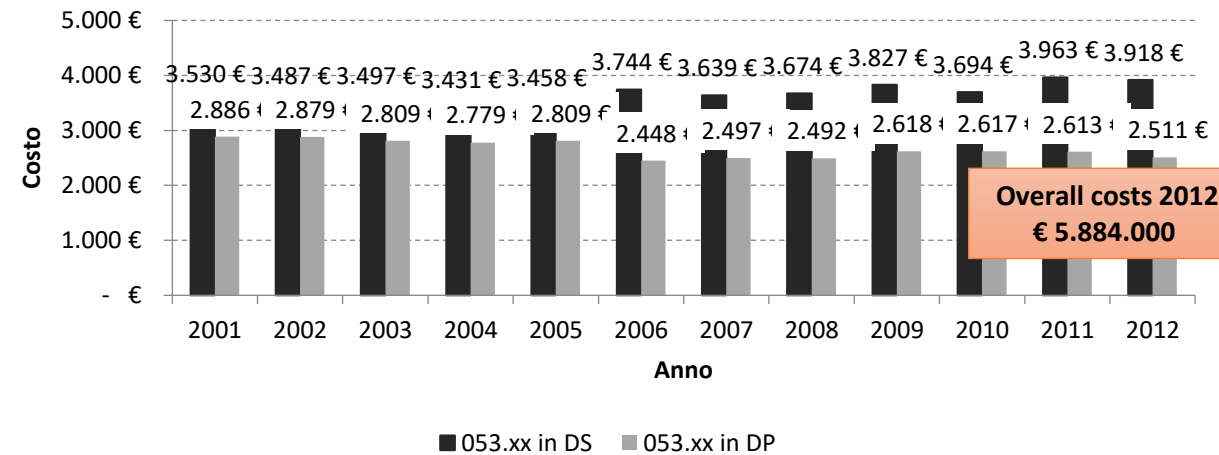
Herpes Zoster hospitalizations in Italy

- Stable length of stay over time

No. of hospitalizations per HZ and average hospital stays
Italia, 2001-2012



Average cost of Hospitalization for HZ among the
causes of hospitalization
Italy, 2001-2012




The reduction of hospitalization for HZ as a contributing cause of hospitalization (secondary diagnosis):

- Less marked decrease than hospitalization for HZ as the primary cause of hospitalization
- High average hospital stay (almost double compared to HZ as primary cause)
- Increase in the average cost of hospitalizations
 - In 2012 total expenditure >12.211.000 €

Herpes Zoster hospitalizations in Italy: cost associated

- **Reduction of hospitalization for HZ**
 - Hospitalization rates **in the elderly 15 times higher** than in the younger ones
 - **Stable length of stay** over time
 - **Increase in hospitalizations in the immunocompromised subjects**
 - **Average cost reduction**
 - In **2012** average cost >5.800.000 €
- **Hospitalization reduction for PHN**
 - In **2012**
 - 21% of hospitalizations for HZ
 - Total expenditure >1.000.000 €
- **Reduction of hospitalization for ophthalmic complications**

<div>  <div> Human Vaccines & Immunotherapeutics </div> <div> ISSN: 2164-5515 (Print) 2164-554X (Online) Journal homepage: http://www.tandfonline.com/loi/khvi20 </div> </div>			
<div> Evaluation of the economic burden of Herpes Zoster (HZ) infection </div> <div> Donatella Panatto, Nicola Luigi Bragazzi, Emanuela Rizzitelli, Paolo Bonanni, Sara Boccalini, Giancarlo Icardi, Roberto Gasparini & Daniela Amicizia </div>			
	HZ+PHN	HZ/treated case	PHN/treated case
Direct costs	34 €M	€ 196	€ 662
Indirect costs	15 €M	€ 657	€ 930
TOTAL	49 €M	€ 853	€ 1.592

The Burden of Disease of HZ in Italy has an economic impact of **49 M€/year** (direct and indirect costs)

Temporal trends in herpes zoster-related hospitalizations in Italy, 2001–2013: differences between regions that have or have not implemented varicella vaccination

Nicoletta Valente¹ · Silvia Cocchio² · Armando Stefanati¹ · Tatjana Baldovin² · Domenico Martinelli³ · Rosa Prato³ · Vincenzo Baldo² · Giovanni Gabutti¹

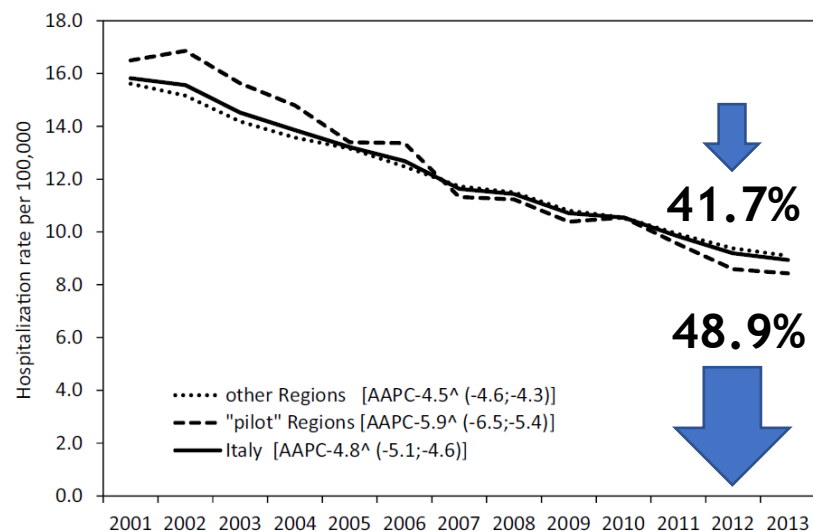
	Primary diagnosis, <i>n</i> (%)	Secondary diagnosis, <i>n</i> (%)	Total
	47,198 (50.3)	46,610 (49.7)	93,808
Gender, <i>n</i> (%)			
Male	21,545 (45.6)	20,718 (44.4)	42,263 (45.1)
Female	25,653 (54.4)	25,892 (55.6)	51,545 (54.9)
Age class, <i>n</i> (%)	65 (20.0)	69 (17.8)	67 (19.0)
<18	2091 (4.4)	912 (2.0)	3003 (3.2)
18–49	6431 (13.6)	5655 (12.1)	12,086 (12.9)
50–59	5160 (10.9)	4000 (8.6)	9160 (9.8)
60–69	9018 (19.1)	7790 (16.7)	16,808 (17.9)
70–79	13,495 (28.6)	13,596 (29.2)	27,091 (28.9)
80+	11,003 (23.3)	14,657 (31.4)	25,660 (27.4)
Average length of stay, average (SD)	15.6 (13.3)	27.0 (31.8)	21.3 (25.0)
Discharge, <i>n</i> (%)			
Alive	47,060 (99.7)	45,477 (97.6)	92,537 (98.6)
Dead	138 (0.3)	1133 (2.4)	1271 (1.4)
Type of hospitalization, <i>n</i> (%)			
Ordinary hospitalization	41,669 (88.3)	41,419 (88.9)	83,088 (88.6)
Day-hospital admission	5529 (11.7)	5191 (11.1)	10,720 (11.4)
HZ, <i>n</i> (%)			
Uncomplicated	22,377 (47.4)	27,541 (59.1)	49,918 (53.2)
With complications	24,821 (52.6)	19,069 (40.9)	43,890 (46.8)
Neurological	12,052 (25.5)	9814 (21.1)	21,866 (23.3)
Ophthalmic	7431 (15.7)	5111 (11.0)	12,542 (13.4)
Other specified complications	3606 (7.6)	2397 (5.1)	6003 (6.4)
Other unspecified complications	1732 (3.7)	1747 (3.7)	3479 (3.7)
Co-morbidity, <i>n</i> (%)			
Malignancy	3092 (6.6)	7608 (16.3)	10,700 (11.4)
COPD	2387 (5.1)	4983 (10.7)	7370 (7.9)
Kidney failure	1514 (3.2)	3421 (7.3)	4935 (5.3)
Diabetes	4736 (10.0)	5432 (11.7)	10,168 (10.8)
Autoimmune diseases	655 (1.4)	781 (1.7)	1436 (1.5)

Temporal trends in herpes zoster-related hospitalizations in Italy, 2001–2013: differences between regions that have or have not implemented varicella vaccination

- In the period **2001–2013**, 93,808 HZ hospitalizations were registered.
- **Age represents a risk factor for HZ**, due to the decline in VZV-specific cell-mediated immunity.
- **Complicated HZ** was diagnosed in **53.2% of cases**.
- **32.5% of hospitalizations involved subjects with at least one comorbidity.**
 - **Co-morbidities** were higher in hospitalizations with HZ in **secondary diagnosis** than those in primary diagnosis (41.5% versus 23.6% respectively, $p < 0.01$).
- HZ was associated with **malignancies (11.4%), diabetes (10.8%), COPD (7.9%), kidney failure (5.3%)** and **autoimmune diseases (1.5%)** of cases.

Temporal trends in herpes zoster-related hospitalizations in Italy, 2001–2013: differences between regions that have or have not implemented varicella vaccination

Nicoletta Valente¹ · Silvia Cocchio² · Armando Stefanati¹ · Tatjana Baldovin² · Domenico Martinelli³ · Rosa Prato³ · Vincenzo Baldo² · Giovanni Gabutti¹



$p < 0.05$

The data obtained confirm the epidemiological impact of HZ and its complications and **the need of a preventive approach.**

Temporal trends in herpes zoster-related hospitalizations in Italy, 2001–2013: differences between regions that have or have not implemented varicella vaccination

- In the three Italian "pilot" regions **a greater decrease of HZ-related hospitalization rates** occurred in comparison to other regions (Sicily UVV in 2003, Veneto in 2005 and Apulia in 2006).
- Extensive vaccination for varicella, reducing the spreading of VZV in the community and, therefore, eliminating the exogenous boosters, could increase the incidence of HZ in the unimmunized population (adults, elderly). *Not investigated the vaccination status of cases!*
- **This decrease**, consistent with the national trend, could be induced by **the reduction of inappropriateness of admissions** and by the possible **changes of care settings** in place in our country

Decline in hospitalization rates for herpes zoster in Italy (2003–2018): reduction in the burden of disease or changing of hospitalization criteria?

Emanuele Amodio¹ · Alessandro Marrella¹ · Alessandra Casuccio¹ · Francesco Vitale¹

Accepted: 19 October 2021 / Published online: 19 January 2022
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HZ hospitalizations in Italy – recent data

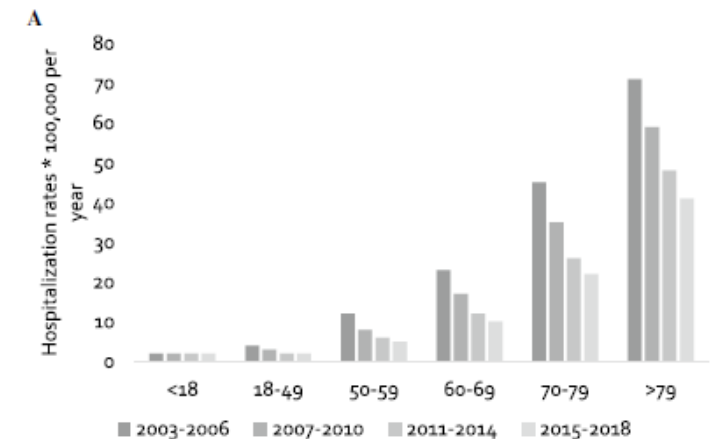
Objective: to estimate the burden of the HZ hospitalizations in Italy from **2003 to 2018** evaluating temporal trends. Overall, 99,036 patients were hospitalized with HZ in the 16-year period of the study, and 83,720 (84.5%) were over 50 years.

- Hospitalization rate showed a decreasing trend from 13.9 in 2003–2006 to 7.8 in 2015–2018 ($p < 0.001$).
- Hospitalization rates showed a **20-fold higher risk among subjects aged over 80 years** and **11-fold higher risk among 70–79-year-old subjects** with respect to those aged less than 50 years.
- Over time, a **statistically significant increase** was observed for the **case fatality rate** (from 1.2 to 1.7%; $p < 0.001$) and the **median length of stay** (from 7 to 8 days; $p < 0.001$).

884

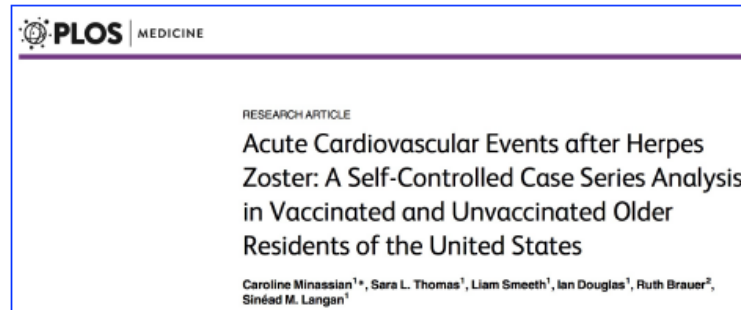
Aging Clinical and Experimental Research (2022) 34:881–886

Fig. 1 Hospitalization rates due to Herpes Zoster in Italy from 2003 to 2018 stratified by age-group and period (IA) and over-time relative risk of hospitalization compared to 0–49 age class hospitalization rates (IB)

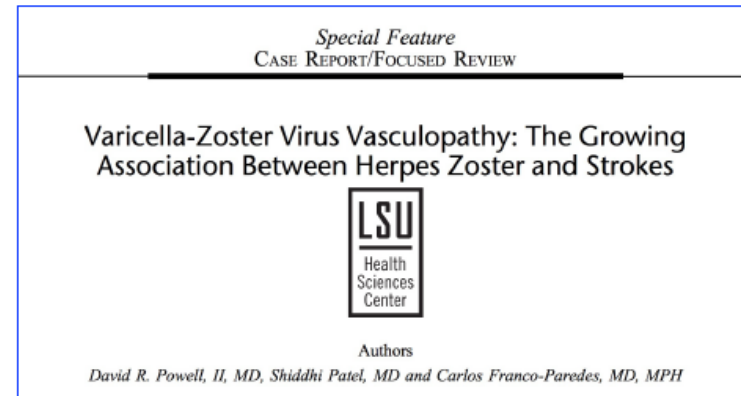


The observed reduced trend over time could be due to a **restriction in hospitalization criteria** instead of a reduced burden of disease

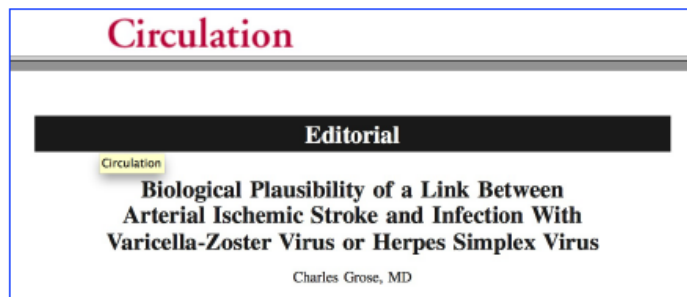
Increased incidence of stroke after HZ



- Stroke rate after HZ increased: **x 1.5 within 1 month**
 - weeks 1–4 (IR* 1.63)
 - weeks 5–12 (IR 1.42)
 - weeks 13–26 (IR 1.23)



- The correlation is strongest in cases of ophthalmic zoster: **x 4 within 1 year**



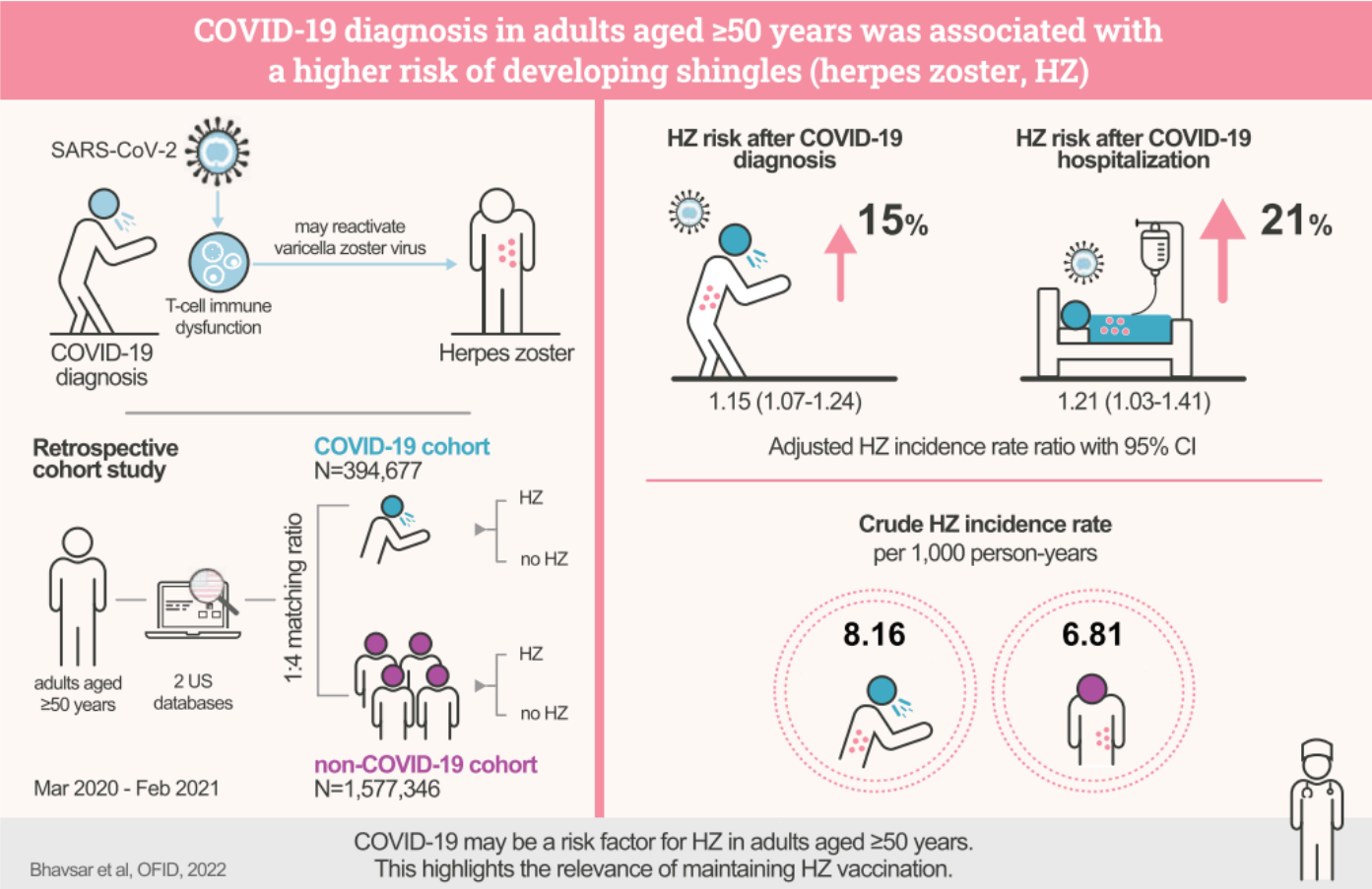
Risk of HZ and COVID-19?

Increased Risk of Herpes Zoster in Adults ≥50 Years Old Diagnosed With COVID-19 in the United States

Amit Bhavsar,¹ Germain Lonnet,² Chengbin Wang,³ Konstantina Chatzikonstantinidou,⁴ Raunak Parikh,¹ Yves Brabant,¹ Nathalie Servotte,¹ Meng Shi,³ Robyn Widenmaier,² and Emmanuel Aris¹

¹GSK, Wavre, Belgium, ²Business & Decision Life Sciences, Brussels, Belgium, c/o GSK, Wavre, Belgium, ³GSK, Rockville, Maryland, USA, and ⁴Aixial, an Alten Company, Brussels, Belgium, c/o GSK, Wavre, Belgium

- A retrospective cohort study to assess the risk of developing HZ following a COVID-19 diagnosis.



- Individuals diagnosed with COVID-19:
- a **15% higher HZ risk than those without COVID-19** (aIRR, 1.15; 95% CI, 1.07-1.24; $P < .001$).
- **The increased HZ risk was more pronounced (21%)** following COVID-19 hospitalization (aIRR, 1.21; 95% CI, 1.03-1.41; $P = .02$).

SARS-CoV-2 infection may trigger reactivation of latent VZV?

HZV preventive strategies in Europe and Italy

The relevance for public health of Herpes Zoster vaccine prevention

- Herpes Zoster is a **painful disease**. If complicated by Post Herpetic Neuralgia it can become **extremely debilitating for a long time**.
- 95% of the world's population is at risk of HZ¹
- 1 out of 4 subjects will be able to develop HZ²
- The risk of HZ and PHN increases with increasing age³
- The treatment of HZ and PHN is complex and not very effective⁴
- The classic paradigm of vaccinations is changing: Vaccination is not only directed against acute childhood diseases with the aim of preventing deaths and serious cases, but also **to improve the quality of life at all ages**.

Varicella virus infection was very common in the pre-vaccine era.

95% of the European adult population has anti-VZV antibodies (99% of Italian men and women aged over 65 years are VZV seropositive)

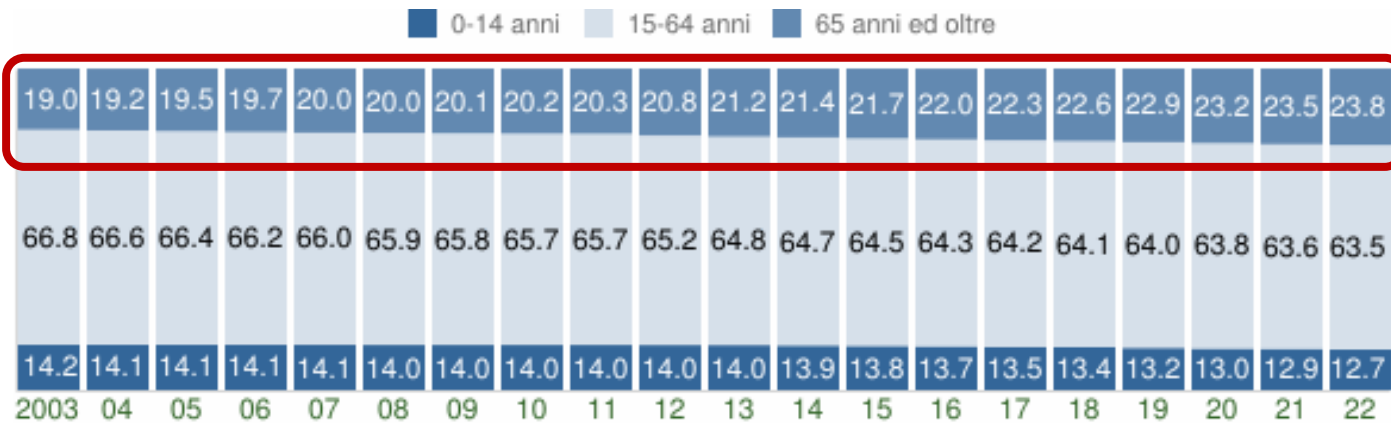
In the absence of vaccination, **virtually everyone contracts varicella** by the age of 40 years

Anyone who has come into contact with the Varicella Zoster Virus (VZV) has the potential to develop Herpes Zoster.

Italian Population in the last 2 decades and in 2023

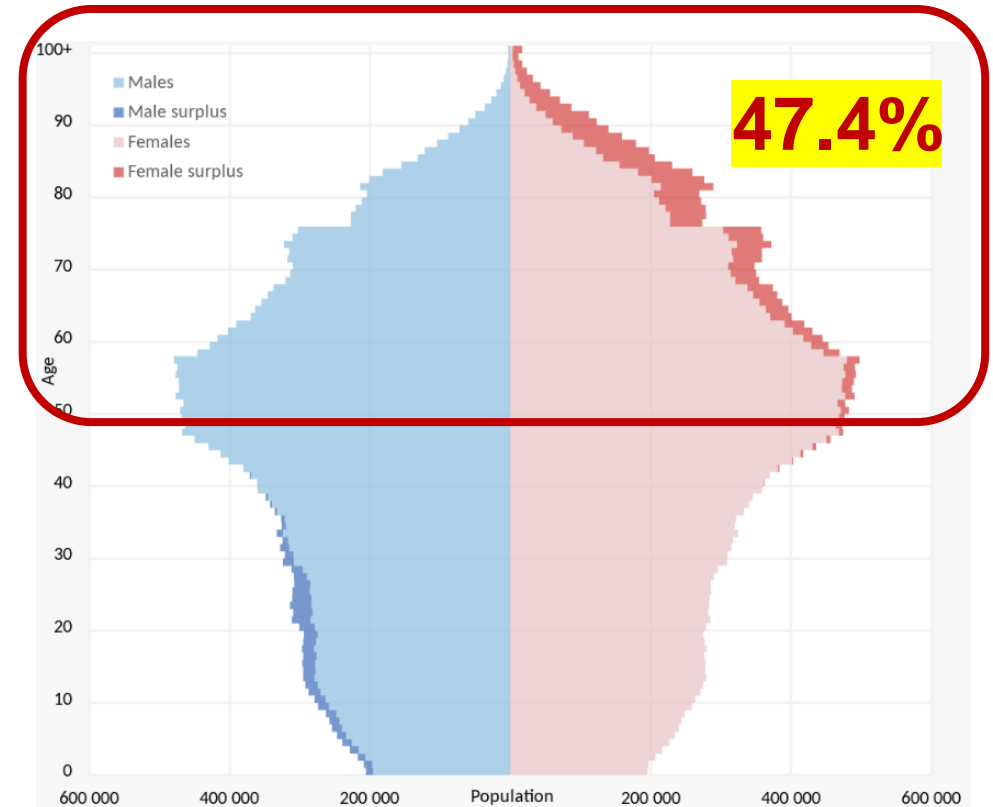
Italian population: 58.850.717
(National Institute of statistics -
1/01/2023)

Elderly ≥ 65 years of age: 24.1% (>14 millions)
People over 50 years of age: 47.4% (28 millions >50 years)
a 2-fold increase compared to the study of Gialloreti et al.



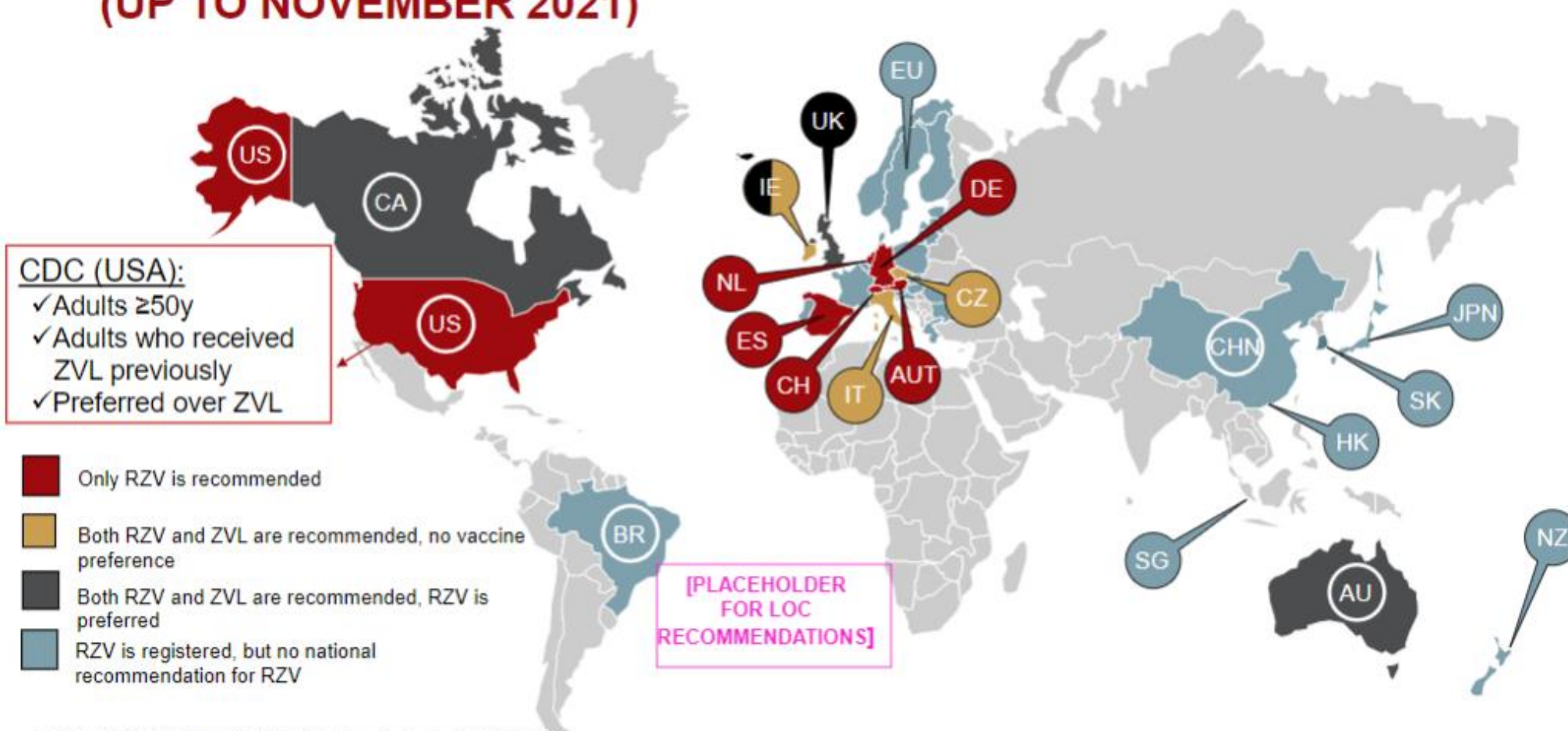
Struttura per età della popolazione (valori %) - ultimi 20 anni

ITALIA - Dati ISTAT al 1° gennaio di ogni anno - Elaborazione TUTTITALIA.IT



- The decay of the CMI is strictly age-dependent, increasing with age.

HZ RECOMMENDATIONS IN COUNTRIES WHERE RZV IS REGISTERED (UP TO NOVEMBER 2021)



AUT, CA, CZ, DE, ES, IE, IT, NL, UK, US: Parikh R, et al. Expert Rev Vaccines 2021;20(9):1065-1075

AU: AUSTRALIAN TECHNICAL ADVISORY GROUP ON IMMUNISATION (ATAGI). Available: <https://www.health.gov.au/sites/default/files/documents/2021/06/statement-on-the-clinical-use-of-zoster-vaccine-in-older-adults-in-australia-statement-on-the-clinical-use-of-zoster-vaccine-in-older-adults-in-australia.pdf> CH: Switzerland-Shingrix Vaccination Recommendation Officially Published available here: <https://www.bag.admin.ch/dam/bag/fr/dokumente/imf/und-birchlinien-empfehlungen/empfehlungen-spezifische-erregers-krankheiten/herpes-zoster/impfempfehlung-herpes-zoster.pdf.download.pdf/impfempfehlung-herpes-zoster-fr.pdf>, REF-148537 Data on File: DOF 2022N498004_00 - Countries where Shingrix is launched, Updated on 25 Jan 2022

Herpes Zoster recommended vaccination in European Countries

	Years							
	18	50	51	60	64	65-74	75	≥ 76
Austria			ZOS					
Belgium								
Bulgaria								
Croatia								
Cyprus								
Czech Republic		ZOS ¹						
Denmark								
Estonia								
Finland								
France					ZOS ²			
Germany			ZOS ³					
Greece	ZOS ⁴			ZOS ⁵				
Hungary								
Iceland								
Ireland								
Italy		ZOS				ZOS		

	Years							
	18	50	51	60	64	65-74	75	≥ 76
Latvia								
Liechtenstein						ZOS		
Lithuania								
Luxembourg		ZOS ⁶				ZOS ⁷		
Malta								
Netherlands								
Norway								
Poland								
Portugal								
Romania								
Slovakia								
Slovenia								
Spain								
Sweden								

- Only 8 countries recommend Herpes Zoster Vaccination.
- In 2 countries it is not funded by the NHS.
- Diabetes
- Cardiovascular pathologies
- COPD
- Subjects scheduled for immunosuppressive therapy

Italy:

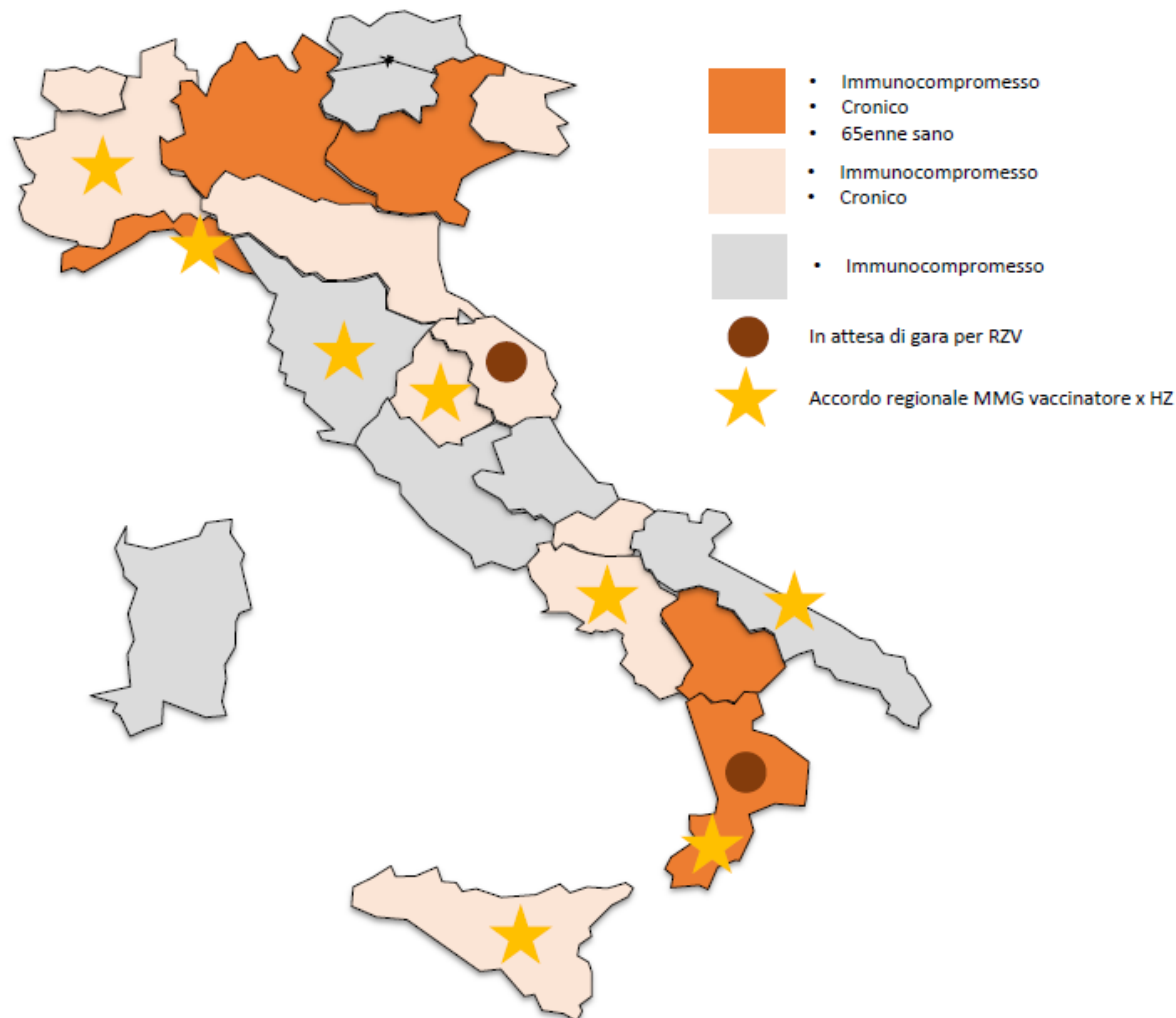
- general recommendation for subjects over 65 years old since NIP 2017-19
- recommendation for **specific risk groups** for subjects aged 50 - 64 years

Legend

	General recommendation
	Recommendation for specific groups only
	Catch-up (e.g. if previous doses missed)
	Vaccination not funded by the National Health system
	Mandatory vaccination

Offerta vaccinale regionale del vaccino ricombinante adiuvato per la prevenzione dell' Herpes Zoster

- Indicazione omogenea per il paziente 18 + immunocompromesso
- Etereogenicità per il paziente cronico in termini di: indicazioni, sotto-categorie e età
- Per la coorte del 65 enne sano indicazione di utilizzo prevalente per ZVL



ABRUZZO	<ul style="list-style-type: none"> Soggetti 18 +
BASILICATA	<ul style="list-style-type: none"> Adulti di età pari a 65 anni Individui ad aumentato rischio a partire dai 18 anni di età
CALABRIA	<ul style="list-style-type: none"> Per adulti di età uguale o superiore a 50 e per adulti di età uguale o superiore 18 anni ad aumentato rischio di Herpes Zoster. Coorte 65° anno e 70° anno di età
CAMPANIA	<ul style="list-style-type: none"> Soggetti 18+ cronici e immunocompromessi Soggetti 50+ altamente fragili e ad aumentato rischio
EMILIA-ROMAGNA	<ul style="list-style-type: none"> Soggetti 18+ cronici e immunocompromessi Soggetti 50+ ad aumentato rischio
FRIULI VENEZIA GIULIA	<ul style="list-style-type: none"> Soggetti 18+ cronici Soggetti 18+ immunocompromessi Soggetti 18+ con recidive o forme particolarmente gravi di HZ
LAZIO	<ul style="list-style-type: none"> Soggetti 18+ immunocompromessi Soggetti 18+ con recidive o forme particolarmente gravi di HZ
LIGURIA	<ul style="list-style-type: none"> Soggetti di 65 anni di età Soggetti 50+ cronici da PNPV Soggetti 18+ immunocompromessi
LOMBARDIA	<ul style="list-style-type: none"> Soggetti 18+ cronici complicati Soggetti 18+ immunocompromessi Ospiti RSA (65enni e 50+ cronici/immunocompromessi) Soggetti 18+ con recidive o con forme particolarmente gravi di Herpes Zoster
MARCHE	<ul style="list-style-type: none"> Soggetti 18+ ad aumentato rischio
MOLISE	<ul style="list-style-type: none"> Soggetti 18+ cronici e immunocompromessi Soggetti 50+ ad aumentato rischio
PA BOLZANO	<ul style="list-style-type: none"> Soggetti 18+ immunocompromessi Soggetti con insufficienza renale cronica in dialisi Soggetti 18+ con recidive o con forme particolarmente gravi di Herpes Zoster
PA TRENTO	<ul style="list-style-type: none"> soggetti immunocompromessi
PIEMONTE	<ul style="list-style-type: none"> Soggetti 18+ cronici e immunocompromessi Soggetti 18+ con recidive o con forme particolarmente gravi di Herpes Zoster
PUGLIA	<ul style="list-style-type: none"> Soggetti 50+ immunocompromessi Soggetti 18+ ad aumentato rischio
SARDEGNA	<ul style="list-style-type: none"> Soggetti 18+
SICILIA	<ul style="list-style-type: none"> Soggetti 50+ Soggetti 18+ immunocompromessi
TOSCANA	<ul style="list-style-type: none"> No specifica su dettaglio popolazione
UMBRIA	<ul style="list-style-type: none"> Soggetti 18+ immunocompromessi Soggetti 18-49 cronici da PNPV
VENETO	<ul style="list-style-type: none"> Soggetti 18-64 cronici e immunocompromessi Soggetti 18+ con recidive o con forme particolarmente gravi di Herpes Zoster Soggetti di età pari a 65 anni di età (chiamata per coorte) Soggetti di età > di 65 anni

HZ Vaccination coverage in Italy??

- The Italian Ministry of Health, in the Circular of 9 March 2017, indicates as **vaccination coverage objectives**:
 - 20% for 2018
 - 35% for 2019
 - 50% for 2020
- VC against **HZ are not available at the national level**

Herpes Zoster awareness campaign in Italy



- On TV from 17 July 2022, on the radio, digital, social networks
- construction of an ad hoc site dedicated to the pathology.

The message is that: "**With the fire of Sant'Antonio you don't joke**".

The objective of the communication campaign is to increase **understanding of the impact of the disease on people's lives, debunking commonplaces and promoting prevention through vaccination.**

Those who experienced the disease know well that there is nothing to laugh about. They invite people to inform themselves and to protect themselves through vaccination.

TROVAILMIOVACCINO
www.trovailmiovaccino.it



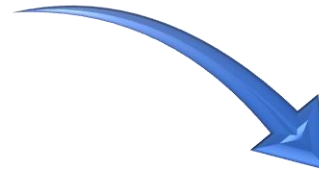
The **FIND MY VACCINE** webpage:
an **useful digital tool**
for the **Italian CITIZEN** but also for the
HEALTHCARE OPERATOR
to identify the recommended vaccinations based
on the personal characteristics of the
subject/patient

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The value of the Herpes Zoster vaccine consists in preventing the disease and its complications in order to keep all the elderly healthy (...and happy)

- In the future, probably the disease burden of Herpes Zoster will increase due to:
 - the aging of the population
 - the longer life expectancy
 - the increase in subjects with chronic diseases and fragile groups (immunocompromised)



Take home messages

- **Understanding the epidemiology of HZ disease** is fundamental to establish the most appropriate health strategies against HZ.
- The observed **downward trend** in hospitalizations in Italy must not in any way limit public health efforts in promoting HZ vaccination **especially in the elderly** and in **subjects with chronic diseases** who **continue to be at a higher risk** for severe sequelae due to the virus reactivation.
- **Vaccination Coverage for HZ in Italy** is lacking and it is a challenge for the future!
- With the **National Immunization Plan 2017-19**, Italy has introduced the active and free offer of the HZ vaccination **for all 65-year-olds and for some categories at risk. What's about the next NIP 2023-2025?**
- **Need to promote vaccination and increase awareness in HCWs and general population.**

Thank you for your attention!

