Name: Ema Paulino



Country: Portugal

Affiliation: National Association of

Pharmacies

Function: President of the Board

Main expertise: Pharmacist







Adult Immunization Board – Country meeting:

Session 4: Implementation and delivery of adult vaccination services in Portugal

Adult Immunization in Portugal: successes, lessons learned and the way forward







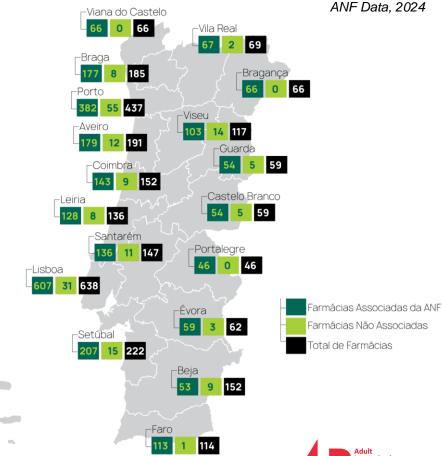


Pharmacies in Portugal

Pharmacies are distributed evenly throughout the country, assuring **equitable access** to medicines, medical devices, pharmaceutical services and other healthcare technologies and interventions.















Starting point

2007

New Legislation

New scope of services provided by pharmacies:

- Information campaigns
- Health education programmes
- Pharmaceutical Care programmes
- Provision of first aid
- Home care
- Medicines administration
- Vaccines administration



VACCINES NOT INCLUDED IN THE NATIONAL VACCINATION PROGRAM

Cholera	(Vaxchora®)			
COVID-:	19 (Comirnaty *****)			
Dengue	(Qdenga®)			
Diphthe	ria, Tetanus and <i>Pertussis</i> (Boostrix®+)			
Mening	ococcal (Menveo°; Bexsero°*; Trumenba°; Nimenrix°; Menjugate°)			
Pneumo	ococcal (Pneumovax 23°; Prevenar 13°+; Prevenar 20°; Vaxneuvance°)			
Tick-borne Encephalitis (FSME-IMMUN°)				
Japanes	e-Encephalitis (Ixiaro ****)			
Yellow	Fever (Stamaril®**)			
Typhoid Fever (Typhim Vi***, Vivotif*)				
Influenz	a (Influyac Tetra®: Vaxigrip Tetra®: Fluarix Tetra®: Fluenz®: Efluelda®)			

٦		Haemophilus Type b (Hiberix®*)		
1		Hepatitis A (Havrix® 720; Havrix® 1440; VAQTA®25 U/0,5 mL, VAQTA®50 U/1 mL)		
┨		Hepatitis B (Engerix B° 20 μg/1mL*)		
1		Hepatitis A and B (Twinrix*)		
\exists		Human Papillomavirus (Gardasil 9°*)		
\exists		Rabies (Rabipur®)		
\exists		Human rotavírus (Rotarixª; RotaTegª)		
+		Varicella (Varivaxº; Varilrixº)		
4		Respiratory Syncytial Vírus (Abrysvo°; Arexvy°)		
4		Herpes Zoster (Shingrix®)		
- 1	l '			

- These vaccines are included in the PNV but may be administered in pharmacy for groups out of the
- These vaccines are only available in international vaccination centers
- This vaccine is only available by authorization for exceptional use (Al
- **** This vaccine is only available in Pharmacies during NHS Campaign, at the same time as the flu







Starting point



- Qualified Pharmacists by the Portuguese Pharmaceutical Society
- Nurses (hired to perform this task)

- Portuguese Pharmaceutical Society established minimum requirements for professional competence:
 - Complete mandatory initial training [eLearning, with final exam –
 Live Training 8h]
 - 2. Recertification each 5 years [eLearning, with final exam 10h]
 - 3. Evidence of continued activity
 - 4. Certification on Basic Life Support also necessary [4h]



Starting point

2007 — Equipment and materials

- Adequate facilities
- Mandatory materials to vaccinate
- Response to anaphylactic event (e.g. epinephrine, oxygen)









Technology





Vaccine Administration



Registration and access to information (e-Bulletin)

Pharmacy Software







e-Vaccination Bulletin

Patient Health Data Platform (NHS)

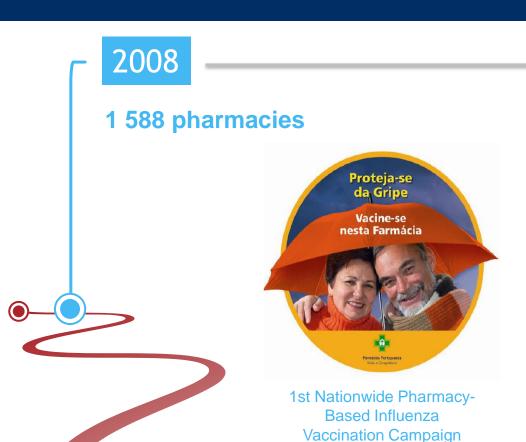
Since 2017







Building Capacity



2008-2009

2025

2 500 pharmacies (> 80%)



Seasonal Vaccination Campaign 2024/2025

≈ 7 000 qualified pharmacists





Expanding Pharmacy-based vaccination

2007

Pharmacies were legally authorized to administer vaccines

Portugal was one of the first European countries to achieve this. From 2012/13

Influenza campaigns were centralized in public healthcare facilities (NHS)

Eligible population was able to get free vaccination only on primary care facilities

2020/21

2022/23

Influenza vaccination in collaboration with National Health Service (NHS)

Pharmacies collaborated with NHS in the vaccination of different population subgroups, vaccinating a maximum of 200 000 patients

2008/09

First influenza vaccination campaign

1600 pharmacies vaccinated 159.700 people above 65yo

2018/19

2019/20

Collaborative projects in one municipality

These projects generated evidence on how collaboration between community pharmacies and primary health care facilities increase influenza vaccination coverage and patient satisfaction

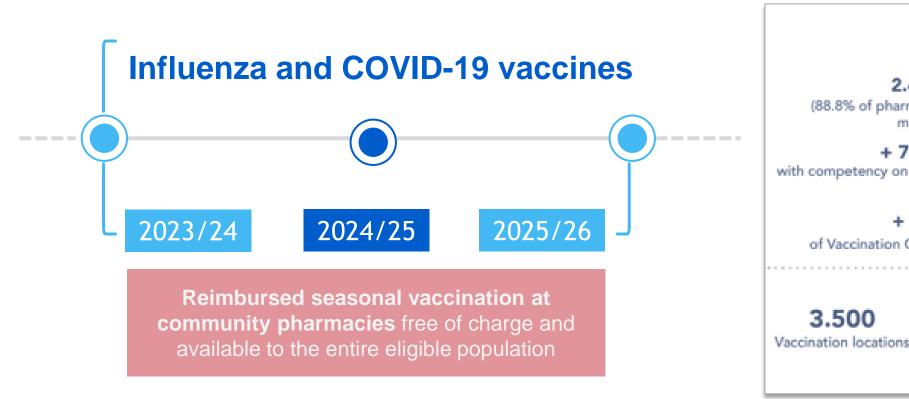








Expanding Pharmacy-based vaccination





2.488 pharmacies

(88.8% of pharmacies in mainland Portugal) / 278 municipalities (98.6%)1

+ 7.000 Pharmacists

with competency on administering vaccines and injectable medicines2

+ 65 weekly hours

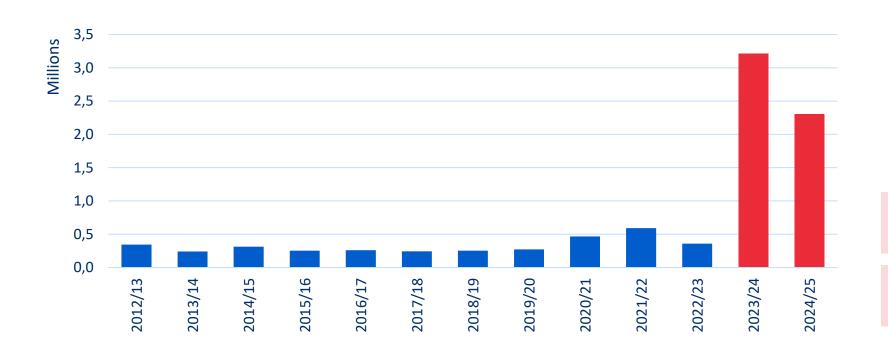
of Vaccination Capacity Provided by Pharmacies

3.500

Increase in the number of locations available for vaccination compared to 2022/23



Vaccines administered at community pharmacies



NHS Influenza and COVID-19 vaccines

2023/24: eligible population aged ≥60 years

2024/25: eligible population aged 60-85 years







Main Motives for choosing Community Pharmacies



7 out of 10 COVID-19 and Influenza vaccines were administered in pharmacies

Proximity and quick access were the main reasons for choosing the pharmacy (2023/24)

67,4% for Influenza vaccination

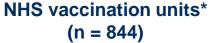
63,3% for COVID-19 vaccination

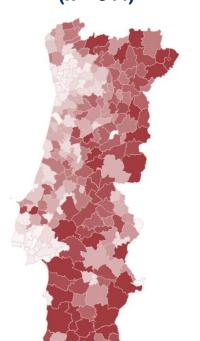




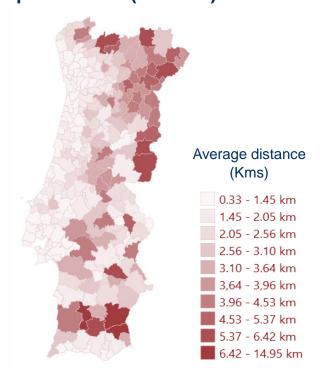
Decrease Distances and Increase Influenza vaccination coverage

2023/24 Seasonal Campaign





NHS vaccination units (n=844) + pharmacies (n = 2488)



Average distance (km) from resident population for each municipality, to the nearest vaccination site.

* NHS list extracted from Lista de Centros de Vacinação - Covid 19 (min-saude.pt), in November 2023.

University of Antwerp of Antwerp university of Santwerp of Santwer

Increase in the average number of vaccination sites per municipality from 3.0 (sd=4.4) to 12.0 (sd=20.5) with pharmacies (4x higher)

Excluding pharmacies, the average national distance to the nearest NHS vaccination site was **2.4 km, decreasing to 1.2 km** with the inclusion of pharmacies.

Distance reduction of -50.5%

Average variation in influenza coverage (aged ≥ 65 years), 2023/24 versus 2022/23, in the 10% of municipalities with the greatest and lowest reduction in the average distance (Km) from the resident population to the vaccination sites.

	March 31st, 2024	Impact on distance reduction	Impact on influenza coverage
	10% of municipalities (n=28) with the most significant percentage reduction in distance	> 66.5%	+ 1.3 pp
	10% of municipalities (n=28) with the most minor reductions in distance decrease in distances	< 10.3%	- 4.5 pp



Economic, environmental sustainability, and public health impact



70% vaccinated against influenza in community pharmacies

There was also a significant shift in the transportation patterns:

The average travel time decreased:

19.3 min 2022/23

14.7 min 2023/24



The proportion of individuals using **cars** decreased:

69.0% 2022/23

43.1% 2023/24



The average **travel distance** (by car) slightly decreased:

8.1 Km 2022/23

7.6 Km 2023/24

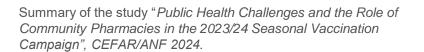


The total number of **Kilometers** decreased:

10.3 Million 2022/23

6.1 Million 2023/24







The proportion of individuals **walking** to reach vaccination sites increased:

20.3% 2022/23

54.4% 2023/24



Estimated CO₂ emissions from car-based transportation dropped:

1,253 2022/23

739 2023/24



- **41.0%** CO₂ emissions

- 1.100

round-trip flights between Lisbon and Brussels*



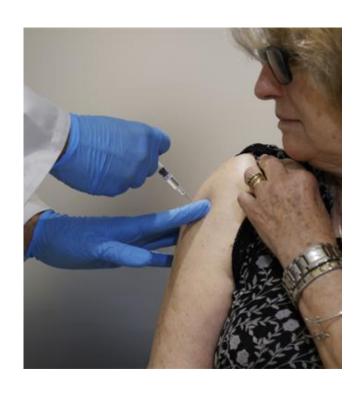
Savings for users

~€2.4 million saved on travel⁵



Main challenges in the funding model

The funding model for pharmacy-based vaccination (PBV) in Portugal presents some challenges:



Vaccines outside the national vaccination program:

- Patients must obtain a prescription to access the co-payment system.
- The administration fee must be paid out-of-pocket.

Seasonal vaccination campaigns (Influenza and COVID-19):

- Annual negotiation of service fees.
- Limited autonomy for pharmacies as the current system does not allow pharmacies to procure vaccines directly, making them dependent on government allocations.
- Additional fee to reduce waste may lead to not all opportunities to vaccine being seized.



Reimbursement rates

Vaccines not included in the National Vaccination Program:

Each pharmacy can set its own PBV (administration) service fee.

Seasonal vaccination campaigns (Influenza and COVID-19):

Remuneration is subject to renegotiation by authorities, with terms and conditions for population immunization set accordingly.

For the 2025-2026 seasonal campaign, pharmacies are reimbursed by the NHS at a rate of €3.00 each per influenza and COVID-19 vaccine administration for individuals aged 60 to 84 (the vaccine is provided by public authorities).





Key-learnings from our experience and policy recommendations



Progressive expansion of pharmacy involvement



Importance of pharmacist training and certification



Public communication strategies



Collaboration with healthcare professionals and authorities



Digital infrastructure for vaccine records



Evidence-based policymaking



Reimbursement system







Expanding PBV

In Portugal, both the Portuguese Pharmaceutical Society and ANF aim to enhance pharmacists' competencies in vaccination.

To achieve this, ANF engages in political advocacy, focusing on Real World Evidence to demonstrate to the government and political parties that community pharmacies can administer vaccines under the same conditions as the NHS, without any cost to the patient.



Vaccination in complementarity with the NHS

Currently, ANF is advocating to:

- Providing booster vaccine for tetanus and diphtheria in adults;
- Providing vaccination against whooping cough during pregnancy;
- Consultation and viewing by the pharmacist of the complete patient history in the eVaccination bulletin of their Electronic Health Record (pharmacies can only view last immunization records of flu and COVID-19 vaccine);





For more information, please check the Portuguese Pharmacies' White Book.









Future

Strengths

- Valuable healthcare resource
- Collaborative model with Healthcare Centers
- Highly Qualified Professionals
- Accessibility
- Convenience and proximity



Threats

- Increase in vaccine hesitancy
- Equity of access to vaccines
- Vaccine shortages
- Unequal conditions for patients who choose pharmacies

Thank you



